

## Daily Encouragement from Gordon – Tuesday 24<sup>th</sup> March

### Psalm 6

It's going to be very strange in the coming weeks, with such tight restrictions. Some of us will find it incredibly hard. David shows how we can express our frustration, our perplexity and distress in our prayers to our ever loving and caring God.

1 Lord, do not rebuke me in your anger  
or discipline me in your wrath.  
2 Have mercy on me, Lord, for I am faint;  
heal me, Lord, for my bones are in agony.  
3 My soul is in deep anguish.  
How long, Lord, how long?

David is in agony. He can't bear it any longer. But he knows who to turn to. Calling God 'Lord' is a mark 1) of faith in the character of God, and 2) of submission to him. This merciful and loving God is my Lord

4 Turn, Lord, and deliver me;  
save me because of your unfailing love.  
5 Among the dead no one proclaims your name.  
Who praises you from his grave?

Even now he speaks confidently of God's unfailing love.  
Note: David knows he will go to heaven (Ps 23 "I will dwell in the house of the Lord for ever"), but he wants deliverance now, so he can proclaim what God has done.

6 I am worn out from my groaning.  
All night long I flood my bed with weeping  
and drench my couch with tears.  
7 My eyes grow weak with sorrow;  
they fail because of all my foes.

When we fail for words, God sees our hearts (Romans 8v26)

8 Away from me, all you who do evil,  
for the Lord has heard my weeping.  
9 The Lord has heard my cry for mercy;  
the Lord accepts my prayer.  
10 All my enemies will be overwhelmed with shame and anguish;  
they will turn back and suddenly be put to shame.

God hears us, accepts us, however feeble and emotional our prayer  
We can be confident that 'in all things God works for the good of those who love him' (Romans 8v28)

We can turn to God at any time, in any mood or situation, and he hears!